

COMING EVENTS

SEPTEMBER 4--Minerva Chapter, O.E.S. tea and sale.

SEPTEMBER 18 -- Order Royal Purple Bazaar.

OCTOBER 2 -- Salvation Army Home League bazaar.

Stanley Pearson S. C. Candidate Pincher-Crows N.

Stanley Pearson, Pincher Creek plumber, successfully contested the nomination of the Social Credit party for the Pincher-Crows-Nest constituency at a nominating convention held at Lundbreck on Saturday. He succeeds E. O. Duke who has now retired from provincial politics to reside at Victoria.

Other candidates for the nomination were Mrs. Beatrice Ankill, of Pincher Creek and formerly of Coleman, and W. Kovach, of Hillcrest.

Elks To Hold Dance In Aid Of Rodeo Queen Candidate

J. M. Rushton, chairman of the Elks' Queen Candidate contest, announces that arrangements have been completed for the dance Friday evening at Crows Nest Lake pavilion in aid of Miss Doreen Jenkins, Elks' candidate.

Claes Bus will leave the Grand Union at 8:30 p.m. tomorrow (Friday) evening in time for the dance which starts at 9 p.m. Transportation is free. Admission to the dance is through the purchase of 50¢ worth of Elks Rodeo Queen tickets. Ed's orchestra has been engaged and Alex. Morency is loaning his dance pavilion facilities to the Elks for the big affair. Everyone is invited.

Legion Members To Cut Scrub Trees Sunday

To Be Used In Street Decorations; Work On Street to be Started Tuesday Evening.

Sunday morning at 10 o'clock president Fred Hirst wants to see a fairly large number of Legion members in work to cut scrub trees into the woods to cut sufficient scrub timber to properly decorate main street to help publicize the Rodeo.

A truck will be on hand to transport the workers to the scene of operations. It is planned to start street decorating on Tuesday evening. Flags have been ordered and it is hoped they will have arrived by Tuesday.

Ukrainian Dishes To Be Featured At Rodeo

Will Be Prepared at Grand Union Booth Between Hours of 5 to 7 p.m.

John Holyk, chairman of the Lions catering committee on Rodeo Day, has arranged with the Ukrainian Society to take part in a novel feature of catering during the evening following the Rodeo events.

At the booth located in the Grand Union parking lot the Ukrainians will take over from 5 to 7 p.m. During those two hours they will serve real honest to goodness Ukrainian dishes to the public. The meals will be steaming hot and delicious.

Main street is expected to be filled to overflowing during those two hours and a good business is anticipated. In addition it is believed the booth will help alleviate the congestion which is expected to develop at the restaurants as out-of-town visitors seek meals.

Miss Joan Lloyd is spending a vacation with friends at Lethbridge.

Building Permits

Notice is hereby given that all persons within the Town of Coleman, altering, repairing or constructing buildings must first secure a building permit. Failure to do so will result in prosecution.

G. LEES, Secretary.

The Coleman Journal

Most Effective Advertising Medium reaching the People of Town and District. The Journal goes into the Homes.

VOLUME 28, No. 3

THE JOURNAL, COLEMAN, ALBERTA

THURSDAY, JULY 22, 1948

\$2.50 Per Year: Single Copy 5c

BOARD OF TRADE SOLD 304 RODEO QUEEN BOOKS AT DANCE

J. M. Chalmers, chairman of the Board of Trade's Rodeo Queen candidate campaign reports a successful dance at the Crows Nest Lake dance pavilion last Friday evening. Approximately 300 persons were in attendance and 304 Rodeo Queen candidate books were sold on the Board's candidate Miss Millie Bubnak.

Mr. Chalmers desires to thank the young ladies who assisted in the ticket selling at the dance. Mr. Henry Claes for free transportation furnished and Mr. Morency for the use of his dance pavilion and its facilities.

BOWLING GREENS OPEN FOR SUNDAY RECREATION

So popular has become the sport of bowling in Coleman that the Legion has thrown open its bowling greens seven days of the week.

A league has been organized and games will be played on week nights. On Sundays games between men and their ladies can be enjoyed.

Polish Society Donates Watch In Queen Contest

Watch Will be Given As A Booster Prize on Polish Rodeo Queen Candidate Tickets.

The Polish Society, watching closely the project sponsored by the rival Board of Trade and Elks Rodeo Queen candidate committees to boost ticket sales for their respective candidates, have come to the fore with a prize of a \$50 watch to help boost ticket sales for their candidate Miss Ann Kuchtyk.

According to Johnny Holyk, who is quite active in directing the sales of tickets for the Society, the name of the buyer of a book of Polish candidate tickets is recorded on the cover of the book. These covers will be kept and either on Rodeo Day or a time suitable for the occasion a draw will be made of the ticket covers bearing the names and the first name out of the hat receives a beautiful \$50 watch.

Tuesday evening a committee of two was busy in East Coleman with a stack of books selling them from door to door and meeting with very good response.

The Polish Society does not plan a dance as sponsored by the Board of Trade and the Elks.

Hospital Notes

Mr. Matthew Wilson, who had been a patient for several days, was allowed home on Monday.

Mr. Guido Lant is a hospital patient, having been operated upon last week. He is improving nicely.

Gordon Musprott, Mannix employee at Blairmore, is a hospital patient.

Peter Zook is a patient, having suffered at a back injury while at work.

Phillip Welten, Blairmore youth, is a patient having suffered a fractured leg by being kicked by a horse.

Wayne Johnson was admitted to hospital on Sunday.

Alex. Jamaruch was admitted to hospital on Sunday.

Sadajiro Nishikawa, of Summit Lime Works is a patient suffering from an injury.

Mrs. J. Denholm is still a patient in hospital.

Mrs. Ray Kemble and son, of Calgary, have been visiting Mr. and Mrs. Harry Drew, Mr. and Mrs. Jim Drew and Mr. and Mrs. Maurice Drew during the past week.

Hollywood Road Show To Appear At Arena Friday And Saturday, July 30-31 In Conjunction With Rodeo

Big Carnival to be Held Immediately Following Vaudeville Show; Show to Last Approximately an Hour And A Half.



Prairie Concerts have guaranteed Coleman Rodeo Committee that they will bring to Coleman on Friday and Saturday July 30 and 31, a Hollywood road show having a variety of acts that will make up an hour and a half of first class entertainment, the like of which has never before been seen in the Crows Nest Pass.

The artists include dancers, musicians, vocalists, clowns, comedians, jugglers, etc. and since they are professional entertainers who have travelled throughout the United States and Canada it was found necessary to have the big show in the skating arena in order that a proper stage could be set up with flood lights and that sufficient accommodation would be available for the large crowd which will have to attend to make the show a financial success.

The show will start at 7:30 each evening and will be followed immediately by a carnival also sponsored by the Rodeo Committee and which will be supervised by Coleman Elks.

The carnival was sponsored for the purpose of keeping festivities going throughout the evening. Arrangements have already been made to bring in carnival merchandise of good quality.

Good news for the dance lovers will be the announcement that dance music will be supplied by the professional orchestra taking part in the big vaudeville show and the latest dance hits will be dished up the whole evening long. The dance will be a jiffy affair.

Seek Conciliation Board To Decide On Salary Dispute Between Bellevue Teachers And School Board

Coleman Board Of Trustees Makes Application For Conciliation And Seeks To Have Bellevue And Coleman Disputes Settled On A Uniform Schedule

The Bellevue branch of the Alberta Teachers' Alliance through their provincial secretary, Mr. Ansley, has made application to Edmonton for the setting up of a conciliation Board to study and reach a decision of the salary dispute at present prevailing between the Bellevue trustees and the teachers.

The move comes as a distinct surprise to Boards of Trustees in the Pass and to those ratepayers who are closely following the salary schedule disputes as they exist in the Pass today.

Salary negotiations were first started in Coleman in March and only a few weeks ago Mr. Ansley came to Coleman and was in conference with the Coleman Trustees for some hours during which time he halved the Coleman Teachers' demands for \$600 across the board to \$300 without success.

Bellevue school is paying higher wages in the top grades than either Blairmore or Coleman but are paying considerably less in the primary grades than the neighboring towns of Blairmore and Coleman.

Coleman has now taken the "bull by the horns" and this week made application to Edmonton that it put machinery in motion to set up a conciliation Board to settle the salary disputes as they pertain for the two towns and that a uniform salary schedule be set up.

LOCAL NEWS

Mrs. H. Wilton Clark, of Fernie, visited relatives here on Sunday.

Mr. and Mrs. Frank Abousally motored to Calgary this week on a business-pleasure trip.

Mrs. Edward Churla and son have been in Calgary for the past two weeks.

Mr. and Mrs. Louis Straga, of Penitence, B.C., recently visited Mr. and Mrs. J. Pedosuk. Mrs. Pedosuk and daughters accompanied them back to Penitence via the States and will vacation there for a few weeks.

THE MOTORDROME'S WRECKING CAR STOLEN SATURDAY NIGHT

Late Saturday evening following the close of business hours some person or persons still unknown drove away in the Motordrome wrecker parked alongside the garage.

Its whereabouts remained a mystery all day Sunday despite a search. At 9 a.m. Monday a party at Blairmore phoned Mr. Wilkie that his wrecker was parked abandoned east of Blairmore. Upon reaching the machine Mr. Wilkie found that both windshields had been smashed. It was brought back to the garage and a mechanic put to work on it.

Mrs. G. Dutfieldjr Passed Away At Mercoal

Funeral Held in Vancouver Tuesday, July 6; Collapsed in Mercoal Theatre and Died Minutes Later.

Coleman friends heard with surprise and shock the sudden passing of Mrs. George Dutfield Jr. at Mercoal one evening early in July.

The Journal is indebted to a Coleman couple who have just arrived home from Vancouver and attended the funeral while in the west coast city for the following information which was secured from Mrs. Fred Stokes, mother of Mrs. Dutfield.

Mrs. Dutfield and husband, George, had gone to the Mercoal theatre and during the performance Mrs. Dutfield complained of a severe headache & asked that he take her home. Their car being outside the theatre he rose and whispered to her to follow. Receiving no response he carried her from the theatre to the car and had a doctor summoned. She was then unconscious and died minutes later.

Arrangements were made to have the funeral held in Vancouver. Mr. Dutfield's parents residing in the city and deceased's parents residing on Vancouver Island. The body reached the city on Monday morning, July 5.

Mrs. G. Dutfield and two children reaching Vancouver on Tuesday morning having been delayed by a rock slide on the C.N.R.

The funeral was held from Edwards' Funeral Home and The Journal informants believe interment was made in Ocean View cemetery. Rev. H. J. Bevan, formerly of Coleman and now of Vancouver, conducted the service.

Mrs. Dutfield, the former Mae Stokes was thirty nine years of age. She was born in Coleman, the daughter of Mr. and Mrs. Fred Stokes who resided here many years before moving to B.C. Deceased attended the public and high schools and was very popular with the younger set.

Mr. Dutfield is also a former Coleman resident and it was here that they were married. George working as an electrician for International for a number of years before moving to Mercoal with Mrs. Dutfield as chief electrician of the collieries at Mercoal.

Sympathy of a wide circle of Coleman friends is extended to Mr. Dutfield in his tragic loss. Also surviving in the family are a young boy and girl.

Colemanites attending the funeral in addition to family members were Mr. and Mrs. Wm. Borrows, Mrs. Wm. Tucker, Mrs. L. Picard, Mrs. Alf Destobel, Mrs. Vera McNeill and Mr. Ernie Houghton.

JANKULAKS BUY KELOWNA FRUIT ORCHARD

Three weeks ago Mr. and Mrs. View Jankulak motored to the west coast where they spent a vacation. While in B.C. they visited Kelowna where they have purchased a ten acre fruit orchard. They plan on leaving Coleman in either October or November to reside on their orchard.

Some of the local high school students have gained employment on the road and are earning an extra dollar until school reconvenes in September.

HOUSE FOR SALE

4-roomed house with pantry. Located 2 doors east of Miners' Hospital.

Submit offers to Town Office on or before JULY 30, 1948.

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G. LEES, Secretary.

OCTOBER 16 -- Pythian Sisters tea and sale.

OCTOBER 30 -- Catholic Ladies Bazaar.

NOVEMBER 17 -- St. John's Women's Guild bazaar.

NOVEMBER 27 -- Women's Association St. Paul's United church bazaar.

New Forestry Road Under Construction

Will Undoubtedly be One of Most Scenic in Province; Crews And Heavy Machinery At Work.

The roar of heavy machinery at work immediately north of town is creating a great deal of interest particularly when it becomes known that a forestry road is under construction and that it might prove a tourist attraction through this area in addition to permitting greater access to the forest in case of fire.

During the early spring a crew of surveyors came through with their instruments and surveyed a route through here. It was understood that they were working on behalf of the Eastern Rockies Conservation Board.

A few weeks ago the roar of heavy road machinery could be heard plainly throughout town and investigation revealed bulldozers at work immediately to the north of the Forest Ranger's station cutting away the side of the hill as it started its road construction assignment. The road starts between the International Boarding House and the Ranger station. Today the road has been constructed for approximately three quarters of a mile and is north of the R. Phillips residence north east of the union cemetery.

At work are crews of engineers, axe and construction.

The road is being built with a very easy grade and as one stands at the present scene of operations and looks west he is thrilled with the scenic grandeur of the green forest covered hills and rocky mountains that rise away from it in majestic splendor.

No official statement has ever been released as to the actual route the road will follow. Some have it coming out at Kannanaskis, west of Calgary, but that is only guessing.

Some of the local high school students have gained employment on the road and are earning an extra dollar until school reconvenes in September.

Cubs Edged Michel-Natal 7-6 In Ball Game Sunday

Both Clubs Now Tied for League Lead. Wednesday's Game At Michel Will Decide League Winner.

In the most hectic match witnessed on the local diamond this season, Coleman Cubs nosed out the Michel-Natal Buffaloes 7-6 on Sunday evening. By the win the Cubs earned a tie with Michel for first place in the C.N.P. Baseball League standings. Both clubs have now won eight games and lost three so that the final match at Michel Wednesday (yesterday) would decide the league champions.

Both clubs collected ten hits but "Stump" an electrician for International for a number of years before moving to Mercoal with Mrs. Dutfield as chief electrician of the collieries at Mercoal.

Sympathy of a wide circle of Coleman friends is extended to Mr. Dutfield in his tragic loss. Also surviving in the family are a young boy and girl.

Colemanites attending the funeral in addition to family members were Mr. and Mrs. Wm. Borrows, Mrs. Wm. Tucker, Mrs. L. Picard, Mrs. Alf Destobel, Mrs. Vera McNeill and Mr. Ernie Houghton.

With the final result in doubt until Knibbs grounded out in the ninth inning the fans never had a dull moment. The Michel-Natal manager, Tommy Kral continually interrupted the match to complain about the decisions of the umpires to mar the match considerably.

Charlie Freeman, C.N.P. Baseball League president, who was a spectator has ordered neutral umpires for the Wednesday game at Michel to end any such sort of interference with the umpires. It is a wise decision that has long been overdue if a good calibre of baseball is to be maintained.

World News In Pictures

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FAWN IS NEWCOMER TO ZOO—"Baby bambi", aged seven days, is satisfied he is among friends in Nurse Diane Grimmer and four-year-old Bobbie Jewell at the Bristol, Eng., zoo.



TIANA GIRL CHOOSES SWIM-HEALTH QUEEN—New titleholder and runners-up in the U.S. swim-for-health-girl are Corky Crowley of Dallas, Tex., (right), Wendy Wells of New York, second, and Lou Campbell of Sunbury, Pa., third.



FAK-HERRIES AID IN STRAWBERRY HARVEST—Hard at work are these four farmettes from Ontario and Quebec. From left they are: Betty Jolly, North Bay, Ont.; Madeleine Devoe, Ironsides Falls, Ont.; Jeannine Gosselin and Yvette Perusse, both from Lunenburg, Que. The berries will be cheaper as harvest nears its peak. "Everyone is pitching in" to make the harvest a good one, including Japanese Canadians and a few Indians.



"RIGHT SMART FISHIN' WEATHER" claims 10-year-old Salvador Senior, as he displays his haul. Montreal kids fish with hook and line along the banks of the St. Lawrence, and drag in heavy beauties.



WILL FARM IN CANADA—A farm at Essex, Ont., is the aim of Dr. Daniel Orlan and his attractive sister, Eva, two of 36 displaced persons who arrived from camps in Germany. Eva, a Hungarian college graduate, fled her home in Austria to escape the Russians. Daniel was held for years in a concentration camp in Reich.



200 PITCH IN TO REBUILD BARN AFTER FIRE STRIKES—Community barn-raising is almost a thing of the past in rural Ontario, but Morley Battler, whose barn was destroyed by fire, found the spirit still alive in the butcher area. More than 200 friends and neighbors "dropped" in to help Morley build a new barn. Fifty-eight women put to work in the kitchen and here they wait to serve hungry helpers.

Preserving Fruits And Vegetables For Wintertime Use

Every homemaker realizes the convenience of well-stocked shelves of home-canned foods. It aids in giving a variety to every day meals, and "saves the day" when the unexpected guests arrive. Preserving can be simple if a routine is followed and seeing that all equipment is in good condition. Whether you are using the cold pack, the hot pack, open kettle method, or pressure cooker, rules should be followed closely. If you have a pressure cooker be sure that you have a manufacturer's book of instructions.

PROCESSES

Cold Pack Method

By this method the food is packed into sterilized jars while raw and cold, covered with hot liquid and partially sealed, then sterilized.

Hot Pack Method

By this method the food is subjected to a short pre-cooking and packed hot, thus requiring shorter time for heat penetration and in some cases allowing more vegetable to be packed in the jar. With vegetables such as corn or greens the centre of the filled jar reaches sterilization temperature from thirty to fifty minutes longer than when packed cold.

Open Kettle Method

While this method of cooking fruit with sugar in an open kettle is a common one it is not recommended for canning fruits and should never be used for vegetables. Jams and marmalades are done in the open kettle.

In canning fruits by the open kettle method wash them carefully and cook in sugar syrup until tender. Pack while boiling hot into clean hot sterilized jars, partially seal and process for five minutes. Then seal.

Uniformity of size and maturity makes a more attractive product. It is well to spend the extra time.

All Fruit and Vegetables should be thoroughly washed until all soil is removed. Lift them from the water instead of draining it off. A small brush is useful for cleaning Vegetables.

Such fruits as peaches, pears and apples should be dipped in a brine of 1 teaspoon of salt to 1 quart cold water as soon as peeled to prevent discoloration.

Pre-Cooking or Blanching
This process consists of heating in steam or boiling water before packing. The purpose is:

1. To remove particles of sand or dirt.

2. To loosen skins.
3. To shrink greens, thus allowing closer pack.
4. To preserve color.
5. To allow products to be packed hot.

A wire basket, large strainer or a square of cheese cloth may be used. Peaches, tomatoes, beets, carrots should be dipped in cold water after blanching but never let them stand in it more than a few seconds.

This may be done while the Fruits or Vegetables are being prepared. Wash in soapy water, rinse, half fill each jar with water and stand on the rack in the boiler. Surround with cold water, bring to boiling point, boil fifteen minutes. Keep them boiling hot until ready to fill. Never touch the inside of a sterilized jar with an unsterile object.

When packing work as quickly as possible. Corn, beans and spinach should be packed fairly loosely to allow perfect penetration of heat to the centre of the jar and thus insure even sterilization. Pack the jar full, then fill with boiling liquid. After filling dip the blade of a knife in boiling water and run it down and around the inside of the jar to remove air bubbles. Adjust rubbers, which have been dipped in boiling water, and tops. Then partially seal. With wire clamp jars attach the top clamp but do not spring down the lower one. With screw top jars screw tight—then unscrew half turn. On vacuum jars adjust metal clamps.

CANNING

Canning Peaches

Steam and skin the peaches. Cut in half and remove the stones. Cut in slices, if desired. Pack in hot sterilized jars and if possible put the curved parts of the peach to the outside of the jar. This makes an attractive pack.

Peaches peel easily, when fully ripe. If there is any difficulty in

peeling the peaches, dip them into boiling water or steam them.

Canning Fruit Sals

Prepare peaches and pears in the usual way for canning. Cut into small pieces, suitable for serving in salads. To give your fruit salad a distinctive flavour, add some catnip leaves.

Select large cantaloupes because of their excellent quality and cut into small dice. Mix these three fruits in equal parts. Follow the directions for canning peaches.

Canned Crabapples

(Open Kettle Method)
Crabapples may be canned by the usual Cold-Pack method but the Open Kettle method is advised.

This method produces a product similar to the crabapple preserves made by your grandmother. They set in their own jelly and result in a most attractive dish. Don't make the mistake of breaking off the stems. Our grandmothers always preserved them with their "tails on".

Make a thin syrup, using the proportion of one cup of sugar to two cups of water. Wash the crabapples and add to the syrup, allowing 1 pint of syrup to 1 quart of fruit. Cook slowly in an open kettle until the crabapples start to soften.

Pour the cooked crabapples and juice into hot sterilized jars. Seal and cool. Store in a dry, cool place.

Canning Prunes Or Plums

Wash the prunes and remove the stones, if desired. More fruit can be packed in each jar if the stones are removed, but many people prefer the flavour of prunes carried with the stones.

Canning Pears

Peel the pears, cut in halves and remove the cores. Cut in quarters if desired. Put in a pan of water (to prevent discoloration) until ready to pack into the jars. Pack in hot sterilized jars.

Jelly Making

Good jelly will keep its shape when turned from the glass but will not be tough. Good color and flavour are important also. Correct proportions and proper boiling times cannot be over-emphasized.

Wash and prepare the fruit for cooking. Put in a large preserving

Storing Hint

Before storing wipe jars dry. Be sure there are no leaks. If a leak is found, remove the cover, put on a new rubber, seal and sterilize 1 1/2 time allowed for the particular product. Store in a cool, dry, dark place or wrap each jar in paper. The cartons in which new jars are packed make a very satisfactory storage place for filled jars.

Put sugar to heat in a pan in the oven, using approximately 3/4 cup sugar to each cup of fruit. Stir frequently.

Boil the fruit juice for 10 to 12 minutes. Measure and add one cup heated sugar to one cup of juice. Boil together until two drops form side by side on the edge of the spoon.

Pour into hot sterilized glasses. Put seal on the lid. If jelly fails to set at the end of several hours, set in a sunny window or place in the warming oven.

Overnight Canned Stewberries
To each quart of hulled clean berries, add 1 cup of sugar. Bring slowly to boiling point; let stand overnight in the kettle. In the morning reheat mixture to boiling point and pour into clean hot jars while still hot. Process exactly 5 minutes for both pints and quarts.

PICKLES AND RELISHES

Cherry Olives

- 1 cup cold water
- 1 teaspoon salt
- 1 cup cider vinegar
- 3 tablespoons brown sugar
- 1/2 oz. stick cinnamon (if not available, omit)
- 2 tablespoons whole cloves

Tie spices in cheese cloth; put in saucepan and boil 5 minutes. Cool, remove spice, pour solution over cherries which have been packed in jars and seal.

Silverskin Onions

Use small white silverskin onions, peel and soak overnight in brine made from 2 quarts water, 1 cup salt and juice of 1 lemon. Drain, rinse and pack into sterilized jars. Boil about 2 quarts white vinegar, 1/2 cup lemon juice and 1 teaspoon sugar. Pour boiling hot over onions in jars, put on top and seal. If desired, one or two red pickling peppers may be added to each jar.

Beed And Better Pickles

- 5 medium-size cucumbers
- 3 medium-size onions
- 1/2 cup salt
- 1 cup vinegar
- 1 teaspoon celery seed
- 1 cup water
- 1/2 cup sugar
- 1 teaspoon mustard seed
- 1/2 teaspoon turmeric

Wash and slice cucumbers without peeling. Peel and slice onions and combine with cucumbers, adding salt and water. Let stand for 2 hours and drain well.

Heat vinegar, celery seed and mustard seed, sugar and turmeric to the boiling point. Then add the cucumbers and onions. Heat these through thoroughly, but do not overcook or your pickle will not be crisp.

Pack in hot sterilized jars and seal.

Fixed Sweet Pickles

- 6 lbs. small cucumbers (sliced or whole)
- 1 large cauliflower
- 1 lb. yellow beans
- 1 gallon boiling water
- 1 lb. silverskin onions
- 2 red peppers
- 2 green peppers
- 1 cup salt

Cut cauliflower in small pieces. Slice peppers thinly. Peel cucumbers. Put all vegetables in a large crock, cover with the brine made from the salt and boiling water and allow to stand for 2 days. Drain vegetables and wash well. Then drain thoroughly. Pack in saucers and pour over them the following dressing:

- 1 quart vinegar
- 1/2 cup white mixed pickling spice, tied in cheesecloth bag
- 1 teaspoon mustard seed
- 3 pounds sugar
- 1 pint water

Combine the above ingredients and boil 5 minutes. Cool. Pour over pickles in jars and seal.

Rhubarb Relish

(With Onions)

- 4 cups rhubarb
- 2 pounds brown sugar
- 4 cups onions
- 1 1/2 cups vinegar
- 1/2 cup water
- 1 teaspoon salt
- 1/2 teaspoon pepper
- 1 teaspoon celery salt
- 1 1/2 teaspoons whole spices

Method: Wipe the rhubarb and cut into short lengths. Sprinkle the sugar over this and let stand for several hours or overnight. Stir it occasionally to make sure the sugar dissolves. Now add the onions which have been diced, the vinegar, water, salt, pepper, celery salt, along with the whole spices which have been tied in a small bag. Bring the mixture slowly to a boil and cook for about one hour. Stir occasionally to prevent scorching. Pour into hot, sterilized jars and seal tightly immediately.

Syrup For Fruits

This syrup 1 cup sugar to 2 cups water.

Medium syrup 1 cup sugar to 1 cup water.

Heavy syrup 1 cup sugar to 1/2 cup water.

Stir together and boil 5 minutes.

For pint jars of large fruit allow about 1 cup of syrup. For pint jars of small fruit about 1/2 cup.

JAM RECIPES

Raspberry Jam

- 1 lb. raspberries
- 1/2 lb. sugar
- Juice of 1/2 lemon

Let berries and sugar stand about 2 to 4 hours. Place over heat, bring to boil. Peel very rapidly about 20 minutes, add lemon juice and boil until it jellies, about 5 to 10 minutes longer.

Orange-Peach Marmalade

- 12 medium-size peaches
- 1/2 lb. of 3 medium-size oranges
- Peel from 1 1/2 oranges
- 1 cup chopped red cherries
- Sugar

Wash, peel and pit peaches. Peel oranges and grind peaches, orange pulp and orange peel. Measure into a large preserving kettle and add 1/2 as much sugar as fruit. (If fresh cherries are used, add them at this time, too, but if the cherries are canned add half way through the cooking period.) Bring to boiling point slowly and boil rapidly until thickened—approximately 25-30 minutes. Stir occasionally to prevent burning. Pour into sterilized jars and seal. Make 9 glasses.

Gooseberry Jam

- 1 quart gooseberries
- 3 cups sugar
- 1/2 cup orange juice
- Grated rind of 1 large orange

Wash gooseberries and remove stem and blossom ends. Add orange juice and cook until berries are soft. Add the sugar and bring to a full rolling boil and boil until thick and clear, about 20 to 25 minutes. Pour into clean sterilized jars and seal.

8-Minute Strawberry Jam

- 4 cups sliced strawberries
- 4 cups sugar
- 1/2 lemon thinly sliced

Combine sliced berries, sugar and sliced lemon; place over low heat until sugar is dissolved. Increase heat and bring to full rolling boil; boil hard for exactly 8 minutes. Allow to stand for 1 minute, remove any scum, pour into sterilized jars. Do not double this recipe.

THREE CHOICES. Buy Maxwell House Coffee in Super-Vacuum Tin or Glassine-lined Bag... or get Instant Maxwell House—made instantly in the cup. All the same gloriously delicious blend.

EVERYBODY'S BUSINESS



Many men use too much nervous energy in their jobs. As a result, their work suffers both in quality and quantity. And they feel completely exhausted at the end of the day.

The most important remedy for this trouble is to avoid undue rush and strain. Smooth efficiency should be the objective in all jobs.

If you work with your hands, don't be a banger, slammer and yanker. Use only the energy each operation requires. If your job is non-manual, try to remain relaxed as you work.

Emotional stresses, too, create nervous tension. Try to sidestep arguments, needless worry and resentment.

Remember—"an ounce of brain is worth a pound of strain." So relax! Concentrate on improving your skill and working methods. You'll do more and better work!

No one can relax completely if he is worried about his family's financial future. That is why millions of Canadians own life insurance. It is the most dependable way to provide for the family's needs under any and all circumstances.

People shop where they are invited—that's why it pays to advertise.

Dr. A.L. Goodman DENTIST

Grand Union Hotel
PHONE 315 Coleman

Excel Builders' Supply Co.

"Everything for a Building"

BUILDING CONTRACTORS

Phone 263 Coleman

DIRECTORY

BUY from those firms whose cards appear under this heading. They are loyal supporters of Coleman institutions and merit your business.

Grand Union Hotel

Modern Fully Licensed

Coffee Shop in Connection
L. S. RICHARDS, Manager

EAT AT

COLEMAN CAFE

BEST MEALS IN TOWN

Open—6 a.m. to Midnight

SUMMIT LODGE

No. 30 A.F. & A.M.

Regular meetings held first Friday of each month at 8 p.m.

Visiting Brethren cordially invited.

W. P. LONSBURY, W.M.

Maurice W. Cooke, Secretary

Flash! By virtue of an 11-8 score at Michel last night, the Coleman Cubs are 1948 C.N.P. Baseball League Champions.

Cubs Trim Blairmore C. C's 6-1 In Crow League Game

Playing at Coleman on Wednesday, July 14, Coleman Cubs defeated Blairmore C.C.'s 6-1 in a six inning C.N.P. Baseball League game.

Charlie Kittiguchi, on the mound for the Cubs, was in fine form and limited the opposition to three scattered hits. His team mates gave him sterling support, featured by two double plays from Mako to Field to Jimmy Kittiguchi.

Jimmy Kittiguchi, Coleman's first baseman, had a perfect day at bat, hitting three for three. His fifth inning home run was the highlight of a brilliant batting display by the Cubs who collected eight hits in their five innings.

For the losers Tony Vejprava made two spectacular running catches in the second inning. This veteran of the Crow League also smashed a single to spark his club. By virtue of the win Cubs continued as League leaders.

Hillcrest Miners Trimmed Cubs On Sunday

Johnny Elick Pitched Miners To First League Win; Game Featured by Home Runs.

In an afternoon match played at Coleman on Sunday Hillcrest Miners scored their first league victory of the season as they walloped the league leading Coleman Cubs by a one-sided 11-4 score.

For the winners Guthrie paced the batters as he hit two home runs and a triple. Urbash, Hillcrest left fielder, also smashed a home run in the second inning as Hillcrest assumed a convincing margin by scoring five runs.

For the losers "Lefty" Kimoto, playing center field, displayed brilliant fly chasing ability as he played errorless ball. Johnny Elick, versatile Hillcrest catcher and first baseman, pitched his club to their triumph and his team mates gave him able support to coast to an easy victory over the Cubs who were outclassed throughout.

Grand Union Donates \$500 To Civic Centre

Coleman Civic Centre Fund was given a handsome donation of \$500 by the Grand Union Hotel this week. The gift was made known by L. S. Richards, manager of the Grand Union Hotel. The donation was unveiled by the Civic Centre committee and is very much appreciated.

Prairie Concerts To Be Evening Rodeo Feature

Have A Number Of Novelty Acts In Addition To Musical And Acrobatic Acts, Clowns And Girls

L. S. Richards, chairman of Coleman Rodeo, announces that he has engaged Prairie Concerts to provide two nights entertainment in the Coleman arena on Friday and Saturday, July 30-31.

There will be a number of beautiful girls in vaudeville acts, jugglers, clowns, comedians, vocal and instrumental numbers, etc.

The show will start both evenings at 7 p.m. sharp and will be followed by a jitney dance. The imported artists have a show lasting one hour and forty minutes and since all are experienced professionals a treat is in store for Stampede visitors and the citizens of the Pass.

ST. PAUL'S UNITED CHURCH
Rev. R. Magowan, D.D., Pastor
11 a.m. "The Garden of Childhood"

No Evening service.
The Sacrament of Baptism will be observed at the morning service. Parents having children to present for Baptism are asked to get in touch with the Pastor.

ST. ALBAN'S CHURCH
Coleman, Alberta.
St. James Day
(9th Sunday after Trinity)
9 a.m. Holy Communion.
7 p.m. Evensong and Sermon.
Rev. A. S. Dewdney, M.A., B.D.

OMITTED
The name of Mrs. G. Kuovles was omitted from the hostesses thanked in the Card of Thanks published last week by Mary Zahara. The Journal regrets the omission.

MET FORMER COLEMANITES
Mr. and Mrs. Wm. Burrows returned on Saturday from a two weeks vacation at Vancouver and report having spoken to Mr. and Mrs. Charles Makin. The former suffered a hand injury some months ago and lost a finger. Also Jean Claes who looked the picture of health and the former Mrs. Ruth Jackson, who with her husband plans on visiting Coleman and Alberta points next month.

Baptismal Service

On Sunday, July 11, at Holy Ghost church the infant son of Mr. and Mrs. John Kinneer jr. was baptized by Rev. Father Leo Sullivan and given the names John William. Mr. and Mrs. J. A. D'Appolonia were the God-parents.

Births

Born: To Mr. and Mrs. A. L. Curtis, at Newsome's Nursing Home on Monday, July 12, a daughter.

Born: To Mr. and Mrs. Walter Foxton at Mrs. Brown's Nursing Home on Wednesday, July 14, a daughter.

Born: To Mr. and Mrs. Alex. Sekella at Newsome's Nursing Home on Wednesday, July 14, a daughter.

LOCAL NEWS

Mr. Frank Duncanson, jr., of the local bank staff, is spending his vacation at Waterton.

Mr. and Mrs. Robert Parry have returned home following a vacation spent at Vancouver.

Mr. and Mrs. Ralph Watson of Vancouver are the guests of Mr. and Mrs. Tom Price, of Bellevue.

Mr. and Mrs. Walter Rogers, of South Slokan, B.C., are the guests of Mr. and Mrs. C. D. Rogers.

Mr. Jack Graham, of Montreal is spending a vacation with his parents, Mr. and Mrs. A. E. Graham.

Mr. and Mrs. Joe Krywolt and Mr. and Mrs. Ed. Krywolt and son visited at Lethbridge at the weekend.

Mr. and Mrs. T. Holstead and Audrey are on vacation, part of which it is planned to spend at Trochu.

Mrs. S. B. Ryan and Patsy Kilgannon are vacationing at Calgary where they are the guests of relatives.

Mr. and Mrs. Gordon Clayton and son Bob, of Vulcan, are the guests of Mr. and Mrs. Harry Holmes.

Mr. and Mrs. Wm. Borrows returned home at the week-end having vacationed at Vancouver for two weeks.

Mr. and Mrs. J. A. Van Maarten, of Sentinel, have returned from a vacation spent at Calgary and Edmonton.

Mr. and Mrs. John Owen are visiting at South Slokan where they are the guests of Mr. and Mrs. Herb. Sherratt.

Mrs. Agnes McLeod and grand-daughter Sandra, of Calgary are the guests of Mr. and Mrs. William Hoggan.

Mr. and Mrs. Everett Price and son left on Tuesday afternoon to visit Mr. and Mrs. H. Wilton Clark, of Pernie.

Mr. and Mrs. A. Hammer and Mr. and Mrs. Wm. Hammer and John Hammer motored over the Logan Pass at the week-end.

Miss Irene Zinook is relieving at the East Coleman Grocery during the absence of Miss Helen Hazuka who is on vacation.

Mr. and Mrs. Dan Daly have purchased the Marcel Fauville residence in Graftontown and plan moving into their new home next month.

Mrs. A. Bevilacqua and daughter, of Vancouver, were expected home today to visit the former's parents, Mr. and Mrs. Paul Churla for two weeks.

Mr. and Mrs. Gordon Purnell, of Grande Prairie, visited his father in Bellevue, brothers in Blairmore and sister Mrs. Ed. Somshor, of Coleman while on vacation in the Pass last week.

Mr. and Walter Fredrickson son and daughter, of Creston, spent a few hours in Coleman on Saturday the guests of Mr. and Mrs. George Evans. They were enroute to Claresholm where they were going to spend a vacation with Mrs. Fredrickson's mother.

Miss D. J. Wilton Clark, of Michel-Natal, is visiting her grand-mother, Mrs. H. Clark, and friends here.

Mr. and Mrs. Wm. White, Mr. and Mrs. Jack Nash and Mrs. E. Lonsbury attended the Oddfellows and Rebekahs picnic at Waterton on Sunday.

WANTED TO BUY OR RENT in Coleman a house possessing 3 rooms or more. Apply to J. Patera, C.P.R. section house.

SPECIAL OFFER

One only Supreme chrome finish tank type vacuum cleaner with full set of attachments. Regular \$112.50. SATURDAY ONLY \$98.00. Trade-in accepted. Terms available on easy payments. Hutton Appliance, Coleman, at rear of Matt's Shoe Store.

Mr. and Mrs. M. Dimmer, of Sunnyslope, Alberta, stopped off here to visit Mr. and Mrs. T. Holstead while enroute home from a vacation spent at the west coast.

Mr. and Mrs. Tom Rose, of Vancouver, are spending a vacation the guests of their daughter, Mrs. Joe Cartwright, and Mr. Cartwright, of Blairmore.

IMPORTANT NOTICE To Elks' Rodeo Ticket Sellers

It is imperative that sellers of ELKS' Rodeo Queen Candidate Tickets turn in the stubs of all tickets sold to either J.M. Rushton or Miss Doreen Jenkins immediately.

PLEASE NOTE you are not being asked to stop selling tickets, just turn in the stubs of all tickets sold.

J.M. RUSHTON,
Campaign Chairman.

DON'T MISTREAT YOUR TIRES!

Regular Examination at our Tire Shop will result in thousands of additional miles of life from each tire.

SLIM'S TIRE SHOP

Telephone 299 Main Street, Coleman

This Weekend We Will Feature . . .

Cream Puffs

MODEL BAKERY

Coleman, Alberta



When Better Rodeos
are Staged - COLEMAN
WILL STAGE THEM

This Year's Date:

Sat. July 31

THE MOTORDROME

Agents for General Motors, Pontiac and Buick Cars
Phone 77, Coleman Jim Wilkie, Proprietor



Plan To Attend....
Invite Your Friends To Attend....
Coleman Rodeo, July 31

Coleman Rodeo is only three short weeks away.

YOUR CO-OPERATION is sought by the Rodeo executive in order that success of the Rodeo may be assured. They ask that you plan to attend the Rodeo along with your family.

BETTER STILL . . . invite your friends to visit you on Rodeo Day and enjoy the fun along with a few thousand other visitors.

Support Coleman Rodeo
With Your Attendance

International Coal & Coke Co., Ltd.

McGillivray Creek Coal & Coke Co., Ltd.

Phone 198 **PARK'S GROCERY** Prompt Service

DOLLAR



PEACHES, Brentwood, 20 oz. tin 29c

CHIPITS, Baking Chocolate, per packet 35c

or NABOB TEA
per 1 pound packet 95c

SHINOLA WAX, regular tins, each 37c

CORN FLAKES, Kellogg's, 2 packets 31c

RAISINS, Seedless, 2 pounds for 45c

FIG BARS, Paulin's, fresh, 2 pounds 75c

LOTUS DATES, 2 pound packet, each 67c

GRAHAM WAFERS, any kind, packet 30c

PORK and BEANS, Heinz, 2 tins 45c

BON AMI POWDER, 2 tins 35c

TOMATO SOUP, Campbell's, 3 tins 35c

PEACHES, Pride of Okanagan, 2 tins **59**

PEARS, Royal City, tin **39**

PLUMS, Royal City, tin **19**

APRICOTS, Aylmer, 2 tins **65**

STRAWBERRY JAM, Empress Pure, 1 tin limit, 4 lb. **99c**

Tea, Nabob, 1 lb. pkt. **95c**

Tea Bags, Lipton's, 125s **\$1.19**

Lard, Your Choice, 2 lbs. **49c**

Syrup, Rogers', 5 lb. tin **69c**

Tomato Juice, Aylmer's, 2 tins **29c**

Mustard, Libby's, jar **10c**

Coffee, Koban, per lb. **63c**

Milk, All Brands, 2 tins **35c**

Wax, Liquid Linix, non-slip qt. **\$1.10**

Choc. Bars, Your choice, 3 for **20c**

Rubber Rings, Gem, 3 doz **25c**

Oxydol, Giant Size **98c**

PEAS, Clean-Pack, 3 tins **37**

BEANS, Prairie Maid, Green 3 tins **39**

CORN, Golden Bantam, 2 tins **35**

Tomatoes, two 20 oz tins **49**

TOMATO KETCHUP, Heinz Brand, Bottle **29c**

Baking Needs

DATES, Sair, unpitted, pound. **24c**

CURRENTS, Fresh Stock, pound. **25c**

Swansdown Cake Flour, pkt. **39c**

BAKING CUPS, pkg. **15c**

ICING SUGAR, pound pkg. **15c**

WALNUTS, Light Amber, ½ lb. **49c**

RAISINS, California seedless, 2 lbs. **49c**

GLACE CHERRIES, ½ lb. pkg. **43c**

MIXED FRUIT, ½ lb. pkg. **25c**

MIXED PEEL, ½ lb. pkg. **22c**

Miscellaneous Needs

LEMON CHEESE, Nabob, jar **35c**

MINCEMEAT, Libby's, 2 lb. jar **59c**

LEMON JUICE, per tin **10c**

Heinz Beefsteak Sauce, jar **29c**

Planter's Peanut Butter, jar **49c**

SERVETTES, pkg. of 70 **19c**

MATCHES, Red Bird, carton **33c**

H. P. SAUCE, bottle **35c**

APPLE CIDER, Quart jar **35c**

Wax Paper, 25c
100 foot roll

SPORK, 35c
Ideal for all Occasions, tin

Fresh Fruits and Vegetables

RASPBERRIES, Case Lot **\$5.95**

BING CHERRIES, Basket **\$1.59** Case **\$6.29**

ORANGES, 252s, 3 dozen **\$1.09**

BANANAS, GOLDEN RIPE, pound **20c**

TOMATOES, B.C. Field, Weekend market price

GREEN PEAS, pound **19**

CELERY, pound **19**

New Potatoes, 10 lbs. **59c**

Bing Cherries, pound **33c**

B.C. Cabbage, pound **8c**

Lettuce, large, 2 head **29c**

Free Delivery **HOLYK'S** Phone 57

Albertan Killed At Corbin Mine

First fatal accident since resumption two years ago of the open pit coal mining at the Big Showing atop Corbin mountain took the life of Harry James Bruns, age 21, of Carstairs, Alta., truck driver for the operating Mohawk Collieries Ltd. His truck overturned resulting in his death. No further details were available and an inquest has been called at Natal.

The Big Showing is an outcrop of coal above timber line. Except for the big power shovel at the outcrop, operations of mining are carried out entirely by truck, with two hauls. First is the three mile trip down the narrow winding road spiraling on the mountain side to the tippie, and second is the 12-mile haul from the tippie to McGillivray where the coal is loaded for shipment.

Operations at the Big Showing resumed a couple of weeks ago after the winter shutdown. Mohawk Collieries of Hillcrest is operator of the mine which is owned by the Consolidated Mining and Smelting Company of Canada Ltd. The accident occurred in late evening.

ELKS PICNIC ATTENDED BY 200 PERSONS

On Sunday approximately 200 Elks, their wives and families motored to the Bouthillier ranch near Crow's Nest River and held their annual picnic.

Races, Horse shoe pitching, softball and many other sports were enjoyed. Bingo was also enjoyed and the Elks took advantage of this game to boost the sale of their Rodeo Queen candidate tickets. In order to play a game of bingo an Elks ticket on the Queen Rodeo contest had first to be purchased. Rain threatened once or twice but failed to call a halt to the festivities.

ANNOUNCEMENT

Mr. and Mrs. James A. Lowe wish to announce the engagement of their second daughter, Anne, to Mr. Peter Semeniuk, son of Mr. and Mrs. Semeniuk, of Shaughnessy. The wedding will take place on July 24.

In Memoriam

HOUGHTON—In Loving Memory of Mary Jane Houghton who passed away July 21, 1945. Her memory is as dear to-day as in the hour she passed away. Always remembered by her son Sidney and Daisy and Family.

SKINNY MEN, WOMEN! Gain 5 to 15 lbs. New pep, too. Try famous Ostrex Tonic Tablets for double results: new healthy flesh; new vigor. New "get acquainted" size ONLY 50c. All druggists.

YOUR MONEY'S WORTH?

You get it in Maxwell House Coffee. This rich, mellow, delicious coffee gives you so much more for so little more than you pay for lower-priced coffees.



There'll Be Plenty of Excitement At The
COLEMAN RODEO
Saturday, July 31

COME ON! HAVE FUN!

COLEMAN MOTORS

Mercury Cars and Trucks
Wilson and Lilya, Proprietors. Phone 21

East Coleman Property FOR SALE

2 Residences

Both Having THREE rooms

4 Lots

2 lots measure 200 feet by 170 feet

2 lots measure 150 feet by 170 feet

Apply to George Elashuk, East Coleman

Red & White Store

(The Store With a Conscience)

Ross & Owen, Props. Phone 78, Coleman

LARD any brand 2 lbs. **49c**

SHORTENING 1 lb. **34c**



CHOICE MEATS

"FOR SAUCES AND GRAVIES USE CARNATION MILK"

ROASTS

Pork, Veal, Beef, Lamb

All from GOVERNMENT INSPECTED Meat

FRESH FISH EVERY THURSDAY

Halibut, Salmon, Cod, Sole, Fillet

Fresh Frozen DELNOR Fruits & Vegetables

"SERVICE WITH A SMILE"

Free Delivery Phone 78

What To Do For SUNSTROKE

The signs and symptoms are the face is very flushed; the pulse is quick and pounding; the breathing is difficult; the patient develops sickness, faintness, giddiness, thirst; the skin becomes dry and burning. A very high temperature, stertorous breathing and insensibility (either stupor or coma) may ensue.

TREATMENT:—

1. If breathing is absent perform artificial respiration.
2. If breathing is present, lay patient on his back with head turned to one side.
3. Raise the head and shoulders.
4. Remove the patient to a cool, shady spot, and strip him to the waist.
5. Sponge the body with cold water continuously, and apply ice bags to the head and spine until the symptoms subside.
6. Fan him vigorously.
7. When consciousness returns give Epsom or Glauber Salts, a tablespoonful to a tumbler of water.
8. Give drinks of cold water freely.
9. Give no food or fluids whatever by the mouth while the patient is insensible.

Suggested by

THE BREWING INDUSTRY OF ALBERTA



Richie Shoes

Large Stock in Latest Styles Just Arrived

Stanfield Underwear - Large Stock on Hand in 2 piece and Combinations.

Charles Nicholas

"The Family Clothier" - Main Street, Coleman

Canada's Coal Reserves

WHILE CANADA IS FORTUNATE in having rich reserves of coal, much of it located in the West, this, like some of our other natural resources, has not yet been fully developed. There is always considerable public interest, however, in the possibilities of making more extensive use of Canadian coal. At present, Canada's yearly coal consumption amounts to some 47,000,000 tons. Of this 17,000,000 tons are produced here, while the remaining 30,000,000 are imported from the United States. There is little doubt but that the full requirement could be produced here, although there are many factors which enter into the consideration of this possibility. At present, Canada's great industrial areas are mainly centred in Ontario and Quebec, which are situated nearer to the coal fields of the Eastern United States than to those in Alberta.

West Could Be Developed

The long distance which coal would have to be brought to these industries, from the West, is no doubt one disadvantage which would have to be given consideration in any plan for making greater use of Canadian coal. It has, however, often been suggested that the West might be more highly developed industrially, eliminating the need for transporting so much coal across the country. It has also been suggested that, if some means could be found of cutting down the cost of transportation, expansion of Canadian coal production might be used as a foundation for a great steel industry, utilizing the rich ore deposits in Labrador, and North Western Ontario. It is estimated that Canada's coal reserves probably amount to 100,000,000 tons and Alberta is now thought to have 15 per cent. of the world's known coal deposits.

Great Promise For The Future

Interest in this subject was heightened recently when Sir Albert Brathwaite, a prominent British industrialist visited Canada. Three hundred engineers, employed by the interests he represents, and Sir Albert expressed great enthusiasm for the possibilities reported as a result of this survey. Because of the present economic situation, British capital cannot be taken out of the country to be used here, otherwise the visiting industrialist would have been willing to undertake strip mining, a technique which has been found to be very successful in Great Britain and the United States, in the Alberta coal fields. To develop Canadian coal mining to its full capacity would involve many considerations. Large capital expenditure would be necessary, as well as subsidies and guarantees of markets, which would necessitate government participation in the project. At present there appears to be little prospect of any great expansion in coal production here, but there undoubtedly are great possibilities for the future of this industry, in Alberta as well as in the coal fields of Saskatchewan and in the Maritime Provinces.

For Eczema—Skin Troubles

Take up your mind today that you are going to give your skin a real chance to get well. Go to any good drug store and get an original bottle of Eczema's Eczema Ointment. Use it every day because it is really correct.

Measure Fatigue Of Car Drivers

EVANSTON, Ill.—Psychologists at Northwestern University are running a series of tests to measure driver fatigue.

Using students as subjects, the psychology department will determine how long a man can stay behind the wheel of a car without getting tired.

The results of the experiment will help build a better car of the future, it is believed.

Dr. Robert H. Scashore said that even in the car of the future, "some subjects in preliminary tests were found really to relax behind the wheel."

IT HAD ONE FAULT

A young author sent a manuscript to an editor with a letter in which he stated, "The characters in this story are purely fictional and bear no resemblance to any person, living or dead."

A few days later he received his manuscript with the penciled notation: "That's what's wrong with it."

Starting a Norseman was probably the first European to reach the American continent—in 986.

Adequate Nutrition Held Best Defence Against Tuberculosis

MONTREAL.—The best way to prevent tuberculosis is through adequate nutrition," Dr. Leo Ladoceur, superintendent of the tuberculosis division of the Montreal Health Department, said in a radio address. "We've said," he added, "with sufficient proof, that nutrition prevents tuberculosis by keeping at its maximum the resistance of the organism."

There is evidence, he said, that even in a land of plenty like Canada, diet was far from satisfactory in many families. "To eat plenty is not enough, we need particularly a great variety of foods necessary to the physiological functions of the organism. If we neglect these principles the body resistance will go down or will disappear and allow tuberculosis infection to find place in the organism."

Products from the country garden or the orchard should as much as possible be eaten in fresh condition or half cooked, during summer and fall. Raw fruits and vegetables provide the vitamins necessary to maintenance of good resistance. The preserving process of light cooking lowers the vitamin content, but does not destroy them entirely. On the contrary, lengthy cooking, as in making jam, destroys them all.

In proof of the effect of nutrition on tuberculosis, he cited the case of Denmark in the First Great War. "In

Increase Seen In European Grain

WASHINGTON.—Present indications are that Europe, outside of Russia, will produce 11,000,000 more tons of bread grains (wheat and rye) this year than last.

The Department of Agriculture's office of foreign relations estimated this year's production at 51,000,000 long tons. This compares with the extremely short 1947 crop of 40,000,000 tons and the pre-war average of 42,000,000 tons.

While the estimate did not include Russia, the report said present prospects are for another good crop there. Russia harvested 42,000,000 tons of bread grains in 1946 and increased production in 1947 to 46,000,000 tons.

Some countries may be able to abandon bread rationing and others to increase their rations, the report said. To permit this, however, European production must be supplemented by imports.

FISH CO-OPERATED WITH LUCKY SPORTS WRITER

SEBAGO LAKE, Me.—There's nothing to fishing when the fish co-operate, says Ernie Tucker of Beverly.

Tucker, an outdoor sports writer, related that while fishing here recently, a three-pound mudlock salmon he was playing was pushed into his landing net by a 10-pounder which then leaped into his boat.

FED WITH SALT WATER

The saltiness of the Great Salt Lake in Utah is caused by accumulation of mineral salts, washed into it by rivers. The water evaporates but the salt remains.

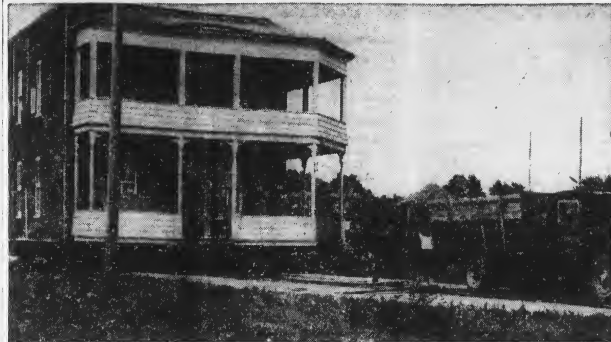
Largest glass container plant in the world is located at Alton, Ill.

More Secrecy Urged For Super Weapon

CANBERRA.—Vital progress has been made in Australia along lines of research that could produce a super weapon.

The weapon is understood to be a guided missile capable of carrying an atom bomb on an immense distance. The British government is urging more stringent secrecy requirements for scientists associated with the rocket range project in central Australia.

The sun's surface area is 12,000 times that of the earth.



REFUSED LICENSE FOR NEW HOTEL, SO MOVED OLD ONE AT COST OF \$8,000 — Retaining liquor license "the hard way", is A. L. Normand, owner of this hotel at Babel, Que. Provincial liquor board refused him license for new hotel he planned to build and refused if he sold present building, license would have to go with it. So Normand decided to move hotel one mile to new highway at cost of \$5,000.

FUNNY And OTHERWISE

Centenarian: "Yup, I'm 100 years old. But, and I'm proud to say I ain't got an enemy on earth."

Reporter: "That is a very beautiful thought, sir."

Centenarian: "Yup. Last one died 'bout a year ago."

"That young doctor is certainly a fast worker. He took her tonsils out. Then he took her appendix out. Now he's taking her out."

Bertie D'Gote: "When did Gold-bag married Flo, why did she say she was only 21?"

Sylvia: "Well, you see, she made a discount for cash."

A Negro injured in a motor accident, died, and the insurance adjuster called to investigate. "Did George Washington Johnson live here?" he asked the woman who came to the door.

"Yasch!" he replied, smiling.

"May I see the remains?"

Drawing himself erect, the widow replied: "I'm de remains."

Visitor: "You don't mean to tell me that you have lived in this out-of-the-way place for over 39 years?"

Inhabitant: "I have."

Visitor: "But, really, I cannot see what you find to keep you busy?"

Inhabitant: "Neither can I—that's why I like it!"

He: "Say, who is that funny-looking fellow who drives your car and works around in the yard?"

He: "Aways frowns at me whenever he sees me here."

She: "Oh, don't mind him. That's only father."

"I've been a good husband to you. I've been the same day in and day out."

"No, day in and night out."

"Any kish-kishers in Christian Gulch?" asked the travelling salesman.

"Two," answered Carleton Joe.

"Where are they?"

"That's a secret. We're holding 'em for a ransom."

"Mummy, where did yesterday go?" a St. Catharines youngster queried.

Mummy was temporarily stuck for a reply and then began: "Well, last night you went to bed, and when you woke up this morning it was today, and yesterday was gone."

"Well, if I hadn't gone to bed would it still be yesterday?"

"Sorry to put you to the trouble of fetching water specially for me," said an English tourist, who had ordered whiskey in a Highland inn.

"No trouble at all," replied the host. "I always keep a drop on the premises in case of fire."

PIMPLES AND BLACKHEADS

Quickly helps to clear up these blemishes leaving skin soft and smooth. Proven over 50 years.

Dr. Chase's Ointment

THE TILLERS

OH, PAW, WAIT A MINUTE!

AS LONG AS YOU'RE GOING INTO TOWN, YOU GET A FEW THINGS WE NEED. I'VE JOTTED THEM DOWN!

OKAY!

WHAT A LIST!



FLER SUICIDAL SUIT NO MAN FROM MARS — F.O. Don Freeman looks like the mythical "man from Mars" modelling the latest U.S. "air-raid suit" for himself. It is just one of fantastic garments being designed to counteract great temperature variations and other problems in flying in the future.

4,211 British Wed German Girls

HERFORD, Germany. A total of 4,211 British personnel in Germany have married German girls up to the end of May, a control commission spokesman said recently. They included 311 control commission officials, 61 army officers and 3,839 men.

Remember that stomach flu, summer complaint; dysentery or any infection of the bowels, may predispose to a polio infection.

Be on the alert for symptoms. Any infection during a polio epidemic season should be viewed suspiciously until proven not polio.

Call your doctor or local health authorities if suspicious symptoms occur, or when in doubt.

TURKEY ENTERTAINED AT CHRISTMAS DINNER

LONDON.—Lesley, a one-year-old turkey, sleeps on a sofa, drinks tea and coffee and goes for walks on a lead.

The Jeffries family of suburban Purley became so fond of her they hadn't the heart to eat her for Christmas. Instead, she took her place at the festive board, decked in a paper hat and red ribbon.

SMALL MACHINE CAN DETECT DEADLY GAS

CHICAGO.—Development of a small machine about the size of a portable radio that can detect tiny quantities of deadly carbon monoxide gas in the air was announced. The machine registers the amount of gas on a meter. It also has an electric warning system.

ROLL YOUR OWN BETTER CIGARETTES WITH

DAILY MAIL

CIGARETTE TOBACCO

—By Les Carroll

IT'S A BIG LIST, BUT IT'S NOT AS IF YOU WERE MAKING A SPECIAL TRIP FOR ME. YOU'RE GOING IN ANYWAY!

IF I BUY ALL THIS STUFF I'LL BE A SPECIAL TRIP FOR ME. I WON'T NEED TO GO IN FOR MYSELF.

I WAS GOING TO THE BANK TO DEPOSIT SOME MONEY!

OKAY!

WHAT A LIST!

AS LONG AS YOU'RE GOING INTO TOWN, YOU GET A FEW THINGS WE NEED. I'VE JOTTED THEM DOWN!

OKAY!

WHAT A LIST!

IT'S A BIG LIST, BUT IT'S NOT AS IF YOU WERE MAKING A SPECIAL TRIP FOR ME. YOU'RE GOING IN ANYWAY!

IF I BUY ALL THIS STUFF I'LL BE A SPECIAL TRIP FOR ME. I WON'T NEED TO GO IN FOR MYSELF.

FARMING IS THE BASIC INDUSTRY OF A NATION

The following is part of an article written by Harold M. Morris, M.A., a member of the Vocational Guidance section of the Province of Quebec Psychological Association, who ran a series of occupational descriptions in The Montreal Star in the hope that high school girls and boys may be able to survey vocations in the world of work:

IN CANADA, farming has always been a basic industry. Over one-third of its total population derives its livelihood from the soil or live on a farm. There are over 1,500,000 farmers or farm workers living on over 700,000 farms. Farming today, whether measured by income, production or number of persons employed remains one of the most important, if not the most important, industries in Canada and the world.

The duties of the farmer vary a great deal depending upon the type of farming carried on; the size of the farm, the location, the weather and many other variable factors. A typical general farmer has some livestock on a farm of from eighty to one hundred and sixty acres, and raises a variety of crops. He plants, cultivates, ploughs and harvests several crops each year, varying his selection of crops as he thinks it will be most profitable for him from year to year. A general farmer also includes truck crops (vegetables), some fruit and nut trees and patches of berries among the things he raises. In addition his combination of crops may include anything that can be raised on a farm. To provide meat, milk and eggs for the family table, he usually keeps a few pigs, a cow or two, and a flock of hens. The general farmer often obtains most of the family's food from his own farm.

Duties in Detail
A few of the more specific duties which a farmer must do include: plough either with horse or tractor; decide on amount and kind of fertilizer to use; seed or plant crops; hoe roots and vegetables; cultivate; cut, rake, load and stack hay; control insect and plant diseases; cut and thresh grain, milk cows, cut calves, feed and care for livestock and take care of the huge variety of things to be done on a farm. In addition, the farmer must be a business man since farming is a business today, and he must record his expenses and income, manage his finances and plan in advance on the market for his product.

Farming is a hard job which requires brains as well as brawn. There is no such thing as a stated hours of work. Farming is a twenty-four hour, seven day a week job. Since the farmer is dealing with a variable product which is dependent upon such things as seasons, weather and whims of Mother Nature, he must be ready at any time of day or night to work in the fields or assist in the dairy.

Although many farms are now equipped with modern conveniences, they are still many in rural communities which lack the conveniences of running water, electricity, modern bathrooms and heating systems. Modern machinery has eliminated much of the heavier work on a farm, although not all farms have this machinery available. Even with this machinery however, there are still many jobs which require long hours of arduous labor. The work is varied from season to season and from day to day. Most work is out of doors, but many chores, particularly on a dairy farm, also require several hours of indoor work.

Qualifications of A Farmer
Since farming requires physical soundness, strength and endurance, good health is a prime prerequisite. A farmer must also have a certain love for nature and the cut-of-doors. This love must be a practical one, and not an artistic or poetic love. It must arise from an understanding of nature. The same holds true for the love of animals; it must be practical and not ethereal.

It is no longer true that just any one can operate a farm. A farmer must have average or above average mental ability. He must be able to grasp the practical problems of farm management. He must be able to read and study new and changed methods of farming. Intense concentration is needed to farm successfully. Good judgment and practical business sense is also a must if he is to make practical plans for producing and marketing. The farmer must be able to figure out where his profits lie and where his losses are incurred.

A person should not consider farming unless he is systematic, thorough and conscientious, for that very often spells the difference between a profit and a loss. A systematic person is needed, for throughout the year careful planning of time and labor is necessary, and accounts must be kept regularly. Thoroughness and conscientiousness is needed, for it is not sufficient to plant a garden; it must be cared for regularly, understocked, and handled with skillful workmanship.

Government officials have pointed out from experience with the Veterans' Land Act that the attitude of the farmer's wife to farming is a most important factor.

Farming provides the opportunity for a beautiful outdoor life, away from the smoke and grime of the city, with plenty of fresh air. It is conducive to physical and mental health. The work is seldom monotonous as there is always a great variety of jobs to be done. It is interesting work especially if one likes to work with the soil and with animals. The personal and household expenses of the farmer are minimum inasmuch as most of the food and shelter is produced for him. As a rule farmers live well when compared with city dwellers of the same income.

Farming also offers a definite security of employment; there is no danger of losing one's job or of being laid off for old age. Farmers have always lived the most independent of lives, and are provided with the opportunity for stimulating experiences. Success is more certain in this occupation for the qualified individual, rather than in many other types of work.

On the other hand though, the farmer is exposed to all kinds of weather, very long hours of work and more days a week than most other types of work. A certain amount of capital is needed before one can embark on this career, and there is a minimum of social life, often he must work alone and like it. Income is much more irregular than in other occupations, due to fluctuating climate, over production and sale of products. There is also the constant risk of crop failure, drought, animal diseases and changes in market prices. There are who want to take a vacation will find farming very unsympathetic, as vacations are practically impossible and come very seldom.

What The Future May Hold
It is difficult to say how the farm will fare in the future. Until recently there has been a shortage of farmers and farmers, and many ex-



"MISS EUROPE"—Miss Europe is the title won by Jacqueline Donny, 20, a Paris model who represented her country as "Miss France" in the competition held at the casino of Engien-les-Bains, near Paris. Beauties from all over Europe competed.



SAYS EDUCATION FOR RESTAURANT HELP NECESSARY

Regulation plus education is essential if high standards of sanitation are to be the rule in all public eating places. It is stated by H. Cecil Rhodes in an article "Regulation plus Education equals Sanitation" in the current issue of Health, official magazine of the Health League of Canada.

The author, who is Director of the Health League's Division of Community Health Services, states that regulations are useful only if they are taken seriously by those concerned. Regulation alone had proved inadequate because of a widespread tendency on the part of restaurant operators to ignore, or not insist upon strict observance of some of the requirements, and because there generally were not enough inspectors available to do the necessary checking.

Mr. Rhodes expresses the opinion that "voluntary application of good work practices, brought about by knowing why such practices are good and desirable, will assure more satisfactory observance of the regulations." These regulations were made necessary because, from the public health point of view, restaurant sanitation is a serious matter.

It is stated that the value of practical health education programs for restaurant employees is rapidly receiving acceptance in Canada. The author describes a plan, available to any community or group in the Dominion, developed by the Health League when it decided to tackle the restaurant sanitation problem through educational processes.

Training its sights on careless foodhandling practices, the League decided to direct its efforts toward the more obvious and easily corrected faults such as:

• Careless handling of food with unclean hands, unclothed dishwashing methods; exposure of food to dust, flies and rodents; unhygienic service practices such as fingers on drinking edge of cups and glasses, and thumb in soup; sub-standard personal hygiene; inadequate or inefficient cleaning methods; and unsanitary preparation and storage of food.

He has stated that there cannot be too many people training to be farm hands. Lately there has been a "back to the farm" movement, and it is becoming increasingly difficult to obtain a productive farm. However, throughout the ages farming has offered opportunity, security and satisfaction to countless thousands. It is the verities of space that it offers the same opportunity to qualified members of the present day generation.

PROTECTIVE WELL CRIBBING

DIGGING a well should not be undertaken without adequate protection for the man doing the digging at the bottom of the well. Such protection can be provided by means of circular wooden cribbing, made smooth on the outside so that it will slide down into the excavation as digging proceeds, protecting the man doing the work. We are publishing this article for E. S. C. E.C.

The cribbing is made by nailing narrow boards of rough lumber the outside of circular rings made out of lumber. The wooden rings are made of short pieces of inch lumber sawing on a band saw to the curve of the diameter of the cribbing, then two thicknesses of these rings are nailed together so as to make a solid ring or hoop, as shown in the accompanying illustration. These built-up hoops are spaced at intervals of 3 or 4 feet. Lumber 10 or 12 feet long is usually employed for the sides of each single crib. When the well is completed this cribbing will serve for several years until the well is thoroughly tested. When it has proved itself it should be lined with more permanent material.

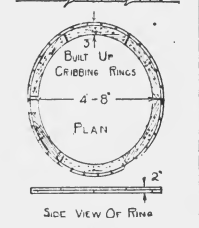
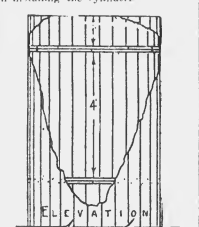
It is usually satisfactory to use wood for cribbing, though it is advisable to avoid cedar or pine as these woods may leach the water for at least some little time.

If quick sand or other material is reached which runs into the excavation as fast as it is removed, special measures will be necessary to complete the well so as to secure a satisfactory supply of water. If the soil material is of a gravelly nature it is often satisfactory — after the well has been excavated to as great a depth as possible — to drive a well-point into the bottom of the well and connect the pump directly to it. Sometimes two well-points are driven in the same well bottom and connected together by piping to a single suction pipe to the pump. This provides double the capacity of one point and usually makes for a more satisfactory water supply.

Conditions under which underground water is located are varied and it would indeed take a large book to cover all the exigencies that have to be met. However, under average conditions it is likely that, by using cribbing to prevent caving, a satisfactory supply of water may be secured by digging a well and cribbing it as illustrated.

Sometimes, when water is reached in quicksand it is best to make a filter to hold back the sand and let the water come through. A good filter can be made by using two cylinders of heavy sheet metal, one inside the other, which are sunk as deep as possible in the bottom of the well. The cylinders should be about 5 feet long and should be allowed to project above the well bottom further than the level to which the sand is likely to rise. The outer cylinder should be about 2 feet in diameter, without a bottom. The inner cylinder would then be made 12

or 14 inches in diameter with a tight bottom. The lower half of the walls of both cylinders must be perforated with quarter-inch drill holes to permit water to enter, and, where the quicksand is very fine, it is advisable to cover the perforated portion of the outer cylinder with fine brass gauze soldered securely at the edges. When the cylinders are ready the outer cylinder is forced down into the well bottom by loading it, being careful to keep it in a vertical position. The sand is then scooped out from inside the outer cylinder to the greatest possible depth and the inner cylinder quickly placed centrally in the outer, after which the space between the two is quickly filled with well graded mixture of sand and gravel. If a pump is installed and kept going, so as to keep the water level in the well down, it is a help in installing the cylinders.



Well cribbing is easily built up on rings hewn from small pieces of wood cut to shape on a band saw. Narrow boards are used on sides.

Sixteen Rules For Safe Driving

1. Always be alert. Let nothing distract your attention from your job of driving.
2. Approach pedestrians with caution. Be ready to make a quick, safe stop.
3. Always remain a sufficient distance behind the car in front of you to be able to stop safely.
4. Slow-moving vehicles must keep to the extreme right of the highway. They are an accident hazard, invading footpaths to make dangerous passes.
5. When an officer signals for you to stop, drive to the extreme right of the highway and give notice of your passing children who are walking behind you.
6. Always slow down before reaching a curve.
7. Instead of coasting around a curve, keep your car in gear and feed the gas cautiously.
8. Never jam your brakes. Best braking power is obtained by applying and releasing the brakes intermittently with a pumping motion.
9. Permit clutch to remain engaged in slowing down.
10. To insure safety, use the same gear in descending a steep grade as you would use to go up to it.
11. If your car starts to skid, keep it in gear and turn the front wheels in the direction of the skid.
12. Time to Ease Up
12. Never over-drive your headlights at night. A good rule is to drive two-thirds as fast by night as you do by day. Sundown—slow down.
13. Keep your windshield clean. A dirty windshield is especially hazardous at sundown and at night.
14. Be on the alert at night for identification lights of trucks and buses. These indicate the presence of a large, slow-moving vehicle.
15. Never operate a car more than four hours with less than 30 minutes' relaxation, or more than eight hours with less than two hours' rest.
16. Keep your car under control while passing children who are walking or playing along the highway.

Early American colonists did not weed their crops until the Indians showed them how to do it.

OUR CROSSWORD PUZZLE X-X

ACROSS												
1. Animal's foot	2. Garden plant	3. Measured	4. Tinner tree	5. French food	6. French food	7. French food	8. French food	9. French food	10. French food	11. French food	12. French food	13. French food
14. French food	15. French food	16. French food	17. French food	18. French food	19. French food	20. French food	21. French food	22. French food	23. French food	24. French food	25. French food	26. French food
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53. French food	54. French food	55. French food	56. French food	57. French food	58. French food	59. French food	60. French food	61. French food	62. French food	63. French food	64. French food	65. French food

Answer To Last Week's Puzzle

ACROSS	DOWN
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THIS CURIOUS WORLD

By WILLIAM FERGUSON

BEEFSTEAK MUSHROOM
GETS ITS NAME BECAUSE OF ITS RESEMBLANCE TO A PIECE OF RAISED AND JUICY BEEFSTEAK.

THE LONG NECK OF THE FLAMINGO
IS NOT DUE TO AN EXTRA NUMBER OF VERTEBRAE, BUT TO THE EXCESSIVE LENGTH OF EACH BONE.

QUODDING ODORS
A BARBER GIVES A MAN A SHAVE, THEN MAKES HIM PAY FOR IT. SAY SAH H. MANNING, Galena Park, Texas.

FLAMINGOES
ARE ONLY RARE VISITORS TO THE U.S., AND NO LONGER BREED ON THE MAINLAND. THEY LIVE IN FLORIDA ARE IMPORTS.

U.S. REG. U.S. PAT. OFF.

LITTLE REGGIE



PRISCILLA'S POP—



The 60-Minute Whistle



By Margarita



YES! YES!



Why do you always call them to dinner an hour before it's ready?



Because it takes them that long to get to the table.



—By Al Vermeer



NEXT: Woman suffrage on Okinawa.

LOCAL NEWS

Mr. and Mrs. Peter Truch and family motored to Calgary last week.

Miss Pearl Knowles, of Vancouver, is the guest of Mr. and Mrs. Arthur Jones.

Mr. and Mrs. H. Jamieson, of Sentinel, are on vacation and are motoring through Calgary, Banff, Lake Louise and Edmonton.

Mr. and Mrs. A. Beveridge returned home at the week-end following two weeks vacation spent at the west coast.

Miss Viola Johnson, of the Post Office staff, started her vacation on Monday morning and is visiting friends at Cranbrook.

Mr. Gretton, of Washington, D.C. left for home at the week-end following a vacation spent here the guest of Mr. and Mrs. Wm. Antle.

Mr. Gerald McIsaac left on Friday for London, Ont. where he will visit relatives.

Mr. and Mrs. John Deak and daughter, of Lethbridge, visited Mr. and Mrs. Adam Morris last week.

Miss Mary Atkinson, R.N., of Victoria, arrived home on Monday and will spend a vacation with her parents, Mr. and Mrs. J. Atkinson.

Dr. and Mrs. E. J. Liesemer and two daughters plan on leaving this week-end for Coeur d'Alene, Idaho, where they will spend their vacation.

Mr. and Mrs. W. S. Purvis left at the week-end for Vancouver where they will spend a vacation with the latter's parents, Mr. and Mrs. Jack Johnston.

Mr. and Mrs. Joe Emmerson left on Friday afternoon for two weeks vacation to be spent at Kamloops the guests of their son-in-law and daughter.

Miss Frances Jankulak and friend Miss Nancy Pask, of Cranbrook, were the week-end guests of the former's parents, Mr. and Mrs. John Jankulak.

Lynne Salvador, of Creston, is visiting her grand-parents, Mr. and Mrs. J. Kinneer sr.

Mr. and Mrs. John McDonald and daughter left on Sunday morning by car to spend a vacation at the west coast and plan on travelling as far south as Los Angeles.

Mr. and Mrs. A. Dewar returned home following 2 weeks vacation at Cranbrook where they were guests of their son-in-law and daughter, Mr. and Mrs. R. Donaldson.

Mrs. Tom Flynn has improved in health sufficiently to leave Holy Cross hospital where she had been a patient. She is now convalescing with her daughter, Belle, at Calgary.

Mr. and Mrs. Wm. Holyk and daughter Sandra plan in leaving Saturday evening on a vacation which may take them as far as California. "Certainly as far as Seattle", stated Bill.

Mr. and Mrs. Ralph Grieve, Mr. and Mrs. Robert Coulter, of New Westminster, have returned to their west coast homes following four days visit last week with Mr. and Mrs. Wm. Antle.

Mrs. Annie MacLean and daughter are spending a vacation with relatives at Macleod.

Mrs. E. Menord, of Plendon, Alberta, is the guest of Mr. and Mrs. A. Dumont for a week.

Mr. and Mrs. Frank Jackson and daughter of White Haven, Cumberland, England, arrived in town three weeks ago and have taken up residence in East Coleman. Mr. Jackson formerly resided in Coleman and went back to England in 1937.

Mr. and Mrs. Peter Smith, in company with friends Mr. and Mrs. J. D. McQuire of Detroit, have just returned home after a motor trip to the Calgary Stampede and over the Big Bend highway to Vancouver where they spent two weeks vacation.

ATTENTION HOUSEWIVES!
If you would like a first class used washing machine just call and see what we have on hand. It will pay you. **SPECIAL OFFER** on all used machines... purchase price of used washer allowed on new Maytag up to six months from purchase date. Hutton Appliance, Coleman, Rear of Malt's Shoe Store.

Mrs. Madge LeRoy, of Penticton, was visiting her sisters, Mrs. R. R. Pattinson and Mrs. Alwyn Haysom this week.

Mr. and Mrs. O. Smith have returned home from Kimberley where they were the guests of their daughter, Mrs. L. Sanderson and Mr. Sanderson. They were accompanied home by one of their grand-daughters who will be their guest for several weeks.

NOW AVAILABLE on easy Monthly payments if desired. New Electric Maytag Washers \$143.50; New Engine Drive Maytag washer \$183.50. Trade-ins accepted. Hutton Appliance, Coleman. Rear of Malt's Shoe Store.

THEY'RE EVERYWHERE! More people buy and enjoy Maxwell House than any other brand of coffee in the world at any price. It's economical to buy the best in coffee!

New Shipment Of Linoleum

Inlaid On GREEN, RED and BROWN

CONGOLEUM and REXOLEUM SQUARES,
Sizes 9 x 10½ - 9 x 12

LINOLEUM SCATTER MATS,
Size 18 x 30

Modern Electric

"Everything Electrical" Hardware and Furniture
R. A. Montalbetti, Prop. Phone 79, Coleman

Do You Realize....

.....What We Have In Stock?

A FULL SUPPLY OF TOOLS — For Carpenters, Mechanics, The Home Worker, Miners and Lumbermen Also GARDEN TOOLS - Shovels, etc.

BAPCO PAINTS, SATIN-GLO ENAMELS and VARNISHES.

CONNOR ELECTRIC WASHING MACHINES — The Best On The Market.

SIMMONS' BED SPRINGS and MATTRESSES.
POTS - PANS - FURNITURE

JUST ARRIVED

Telescope Fishing Rods . . . \$6.95 to \$9.50

Coleman Hardware and Furniture Co.
W. DUTIL, Manager Phone 68

Purnell Theatres'

• ATTRACTIONS •

Bellevue Theatre, Bellevue

Saturday and Monday, July 24 and 26
Phillip TERRY and Jacqueline WHITE in
"Seven Keys To Baldpate"
Mystery Rooms In "Baldpate" Inn.

— ALSO —
"EXCLUSIVE FIGHT PICTURES"

Joe LOUIS vs Jersey Joe WALKOTT

Two Shows Each Night at 7.00 and 9.00

Tuesday and Wednesday, July 27 and 28
Claude RAINS and Joan CAULFIELD in
"The Unsuspected"
It's Murder With All The Trimmings!

Orpheum Theatre, Blaimore

Saturday and Monday, July 24 and 26
"Hal Roach Comedy Carnival"

The funniest thing that ever happened on the screen!

SATURDAY MATINEE at 2 p.m.

Tuesday and Wednesday, July 27 and 28
Phillip TERRY and Jacqueline WHITE in
"Seven Keys To Baldpate"

— ALSO —

Exclusive Fight Pictures

Joe Louis vs Joe Walcott

Two Shows Each Night at 7.00 and 9.00

Show Bus Leaves Coleman at 6.30 and 8.30 p.m.

Midnite Preview

SUNDAY, JULY 25th

Doors open at 12.01

Quality Goods

JELLO LEMON PIE
FILLER, a new line,
Per pkg.20

STRAWBERRY JAM, New
Pack, Murray's Pure,
4 lb. tin\$1.10

PARAWAX,
1 lb. pkg.27

MUSHROOMS, Money's New,
Pack, 10 oz. tin30

JIFFY PIE CRUST, Mother
Jackson's, pkg.35

GRAPE JELLY, Empress
Pure, 2 lb. jar55

BRAMBLE JELLY, Empress
Pure, 2 lb. jar59

CRABAPPLE JELLY,
Empress Pure, 2 lb. jar55

RED CURRANT JELLY,
Empress Pure, 2 lb. jar63

PEAS, Goodness Me, Fancy
New Pack, No. 2s, 20 oz. tin23

PEAS, Green Lake, Choice
No. 5s, 3 tins55

CORN, Green Lake choice,
Cream Style, tin19

NIBLETS, Green Giant Fancy,
per tin25

Peas and Carrots Mixed,
Broder's, 20 oz. tins, 2 tins33

MIXED VEGETABLES,
Broder's, 20 oz. tins, 2 tins35

SALT, Plain or Iodized,
McMurray's, pkg.10

PURE PEPPER, Black,
½ lb. pkg.40

PURE PEPPER, White,
½ lb. pkg.75

PREM, Always good,
12 oz. tin39

CHICKEN, Burns' Boneless,
7 oz. tin55

TURKEY, Burns' Boneless,
7 oz. tin59

GINGER BREAD MIX,
Ogilvie's, 16 oz. pkg.32

GINGER BREAD MIX,
Tilbest, 14 oz. pkg.29

PRUNES, Extra Large,
Santa Clara, 2 lb. pkg.43

LUX TOILET
SOAP, 3 bars 27

LIFEBUOY
SOAP, 3 bars 27

ASSOCIATED GROCERIES
SERVICE **AG** QUALITY

Phone 32 **J.M. ALLAN** The Store of BETTER SERVICE

Preserve Raspberries and Cherries

- - This Week - -

CERTO, bottle.29	Rubber Rings, 3 doz.25	Mason Lids, wide & narrow mouth doz.25 - 30
Certo Crystals, 2 pkgs.25	Tin Rings for Gem jars, doz.39	Lids & Rings complete, 1 doz.60

We Have A Complete Stock of Fruit Jars

ROGER'S SYRUP, 5 lb. tin.69 2 lb. tin30

BAKING CUPS, Box of 10015

PUREX TOILET ROLLS, 3 large rolls.35

WAX PAPER, for the buckets, Heavy quality, 100 ft. roll.29

PAPER TABLE NAPKINS, White, Box of 7019

PAPER HAND TOWELS, Jiffy, 2 rolls35

STRAWBERRIES, Aylmer's Fancy, 20 oz. tin45

STRAWBERRIES, Aylmer's Choice, 20 oz. tin43

PEACHES, Pride of Okanagan Choice, 20 oz. tin31

PEACHES, Royal City, choice, Sliced, 20 oz. tin32

RED PLUMS, Royal City, Choice, 20 oz. tin20

PEARS, Lynn Valley Std., 20 oz. tins35

PEARS, Aylmer's choice, 20 oz. tin38

APRICOTS, Royal City, Choice, 20 oz. tin37

CHERRIES, Aylmer's Fancy, 20 oz. tin40

PINEAPPLE JUICE, Libby's, 20 oz. tin 25 48 oz. tin59

V8 VEGETABLE JUICE, 20 oz. tin20

TOMATO JUICE, Heinz fancy, 20 oz. tins, 2 tins35

TOMATO JUICE, Clark's Fancy, gallon tin.65

SAUER KRAUT, Libby's Fancy, 28 oz. tin25

PUMPKIN, Broder's best, 28 oz. tin15

Ogilvie's Flour & Feed

We have a full line of Miracle Chick Starter, Scratch Feed and Growing Mash.

BRAN - SHORTS

JELLO or JELLO
PUDDINGS, All Flavors,
3 pkgs.29

STRAWBERRY JAM,
New Pack, Murray's Pure,
2 lb. tin65

MEMBA SEALS,
Per pkg.10

Sheriff's Pudding Powders, Vanilla, Butterscotch, Chocolate or Carmel, 2 pkgs.23

MUSHROOM SOUP, Clark's Special, 3 tins25

COFFEE, Fort Garry, Yellow Label, 1 lb. pkg.49

EAMON'S NECTARS, All Flavors, 12 oz. bottle35

TUXEDO NECTARS, All Flavors, 16 oz. bottle45

MONSIEUR LIME JUICE, Pints .45 Quarts75

LEMON JUICE, California Unsweetened, two 6 oz. tins.23

Orange & Grapefruit Juice, Blended, Pasco, 48 oz. tin33

Orange & Grapefruit Juice Blended, Pasco, two 20 oz. tins29

ORANGE JUICE, Full-O-Gold Sweetened, two 20 oz. tins.35

APPLE JUICE, Sun-Rype, Two 20 oz. tins29

RAISINS, Fancy California Seedless, 1 lb. cello pkg.25

RAISINS, California, Seeded, 15 oz. pkg.29

BLEACHED RAISINS, Fancy California, 1 lb. cello pkg.28

GLACE CHERRIES, Woodland's, 6 oz. cello pkg.30

FRUIT MIX, for cakes, Woodland's, 8 oz. pkg.25

PEEL, Cut Mixed, Woodland's 8 oz. pkg.25

CURRENTS, finest re-cleaned, 1 lb. cello pkg.29

COCONUT, fine, unsweetened, ½ lb. pkg.35 1 lb. pkg.65

WALNUTS, Light Rices, ½ lb. cello pkg.52

SHELLED ALMONDS, ½ lb. cello pkg.37

Woodbury's Facial soap, bar .10

PALMOLIVE Soap, 3 bars. 27